50 Favorite Permaculture Plants*

If you're into sustainable living and gardening, then you'll surely want to learn more about permaculture gardening. Permaculture is a growing practice that involves design principles and planned gardening that emulate nature. The goal of permaculture gardening is to preserve and rebuild soil, reduce the appearance of weeds, and eliminate the need for chemical controls – all while allowing plants to grow in a natural environment.

The great news is that there is no one way to create and plant a permaculture garden. When planning a permaculture garden, it's always essential to select the right plant varieties in order to create a cooperative ecosystem. Here is a list of plants and trees that work well in a permaculture garden. Feel free to pick from these suggestions when creating your own permaculture garden.

Canopy Trees

- Pecan
- Catulpa
- Mimosa

Fruiting Trees (Tall Bush/Dwarf/Semi-Dwarf)

- Jiro Persimmon
- Celeste Fig
- Serviceberry/Juneberry/Shadblow
- Santa Rosa Plum
- Manchurian Apricot
- Warren and Magness Pear, a pair
- American Filbert, in pairs
- Northstar or Montmorency Cherry
- Paw paw, in pairs
- Red Bud

<u>Bush Fruit</u>

- Blackberry
- Blueberry
- Nanking/Korean Bush Cherry
- Goji
- Pomegranate
- Elderberry

<u>Herbaceous</u>

- Comfrey
- Daffodil
- Aster
- Daisy
- Cardoon, Globe Artichoke
- Tickseed
- Dwarf Yarrow
- Herbs: Rosemary, Lavender, Sage, Thyme, Fennel
- Echinacea
- Day Lily

<u>Groundcover</u>

- Pennyroyal
- Strawberry

- Ajuga
- Creeping Raspberry
- Sedum, variety
- Creeping Thyme
- Dutch White Clover
- Wild Ginger

<u>Root</u>

- Dandelion
- Daikon
- Parsley

<u>Vines</u>

- Maypop
- Grape, Scuppernong
- Hops (cascade)
- Kiwi (hardy)
- Heirloom Rose
- Gertrude Jekyl
- Carolina or Star Jasmine

* List provided by Charlie Headington of the Greensboro Permaculture Guild.